

# Karate Shito Ryu Manuals

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Shito Ryu distinguishes itself from other styles by incorporating Kobudo, the art of weaponry. Shihan Teru has written a number of manuals on Karate,

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Shito-Ryu Karate. Shito-Ryu Karate was developed by Kenwa Mabuni (1890-1954), an Okinawan karate master who studied both the styles of Naha-Te (which developed into

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Our Mission: All members of the United States Chito-ryu Karate Federation shall be guided by the insight of Doctor Tsuyoshi Chitose (O-Sensei) whose dedication

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" Shito-ryu Karate-Do Renshikan": is founded by Naresh Sharma who has been a practitioner of Shito-ryu, Itosu-  
ryu, Motobu-ha Shito-ryu.